



YOUR COMMON SENSE APPROACH TO PAIN

Keys to SpringCreek Medical Center's knee pain treatment

- Viscosupplementation acts as a natural lubricant and shock absorber in the knee.
- Prior to the injection, dye is injected into the joint. Injections are then visually guided by a live motion x-ray to ensure pinpoint accuracy with little to no pain.
- SpringCreek Medical Center's advanced pain-free rehabilitation program, enhances the treatment's lubricating and shock absorbing effects.
- On-site licensed Physical Therapists design rehab programs tailored to individual needs.

ARE YOU A CANDIDATE FOR THE SPRINGCREEK MEDICAL KNEE REHABILITATION PROGRAM?

- Do you wake up with stiff knees?
- Do your knees hurt when going up or down stairs?
- Do you frequently take Ibuprofen, Aspirin, or Tylenol for your knee pain?
- Do activities you enjoy cause pain around your knees?
- Have you been told that you will need knee replacement surgery?

If you answered YES to any of these questions, call SpringCreek Medical Center to schedule your appointment

DOES MY INSURANCE COVER THIS?

YES!

Medicare and most major insurances will pay for some - if not all - of the treatment.

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 **SPRINGCREEK
MEDICAL CENTER**
MEDICAL • CHIROPRACTIC • PHYSICAL THERAPY

**Avoid Knee
Replacement Surgery
and Eliminate
Knee Pain!**



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HOW CAN VISCOSUPPLEMENTATION INJECTIONS PREVENT SURGERY?

The FDA has officially approved viscosupplementation (Hyaluronan) for use in the treatment of Arthritis of the knee. Viscosupplementation bonds with the naturally occurring joint fluid to create a lubricating and cushioning layer. It also reduces pain, inflammation, and swelling of the joint, enabling you to do the everyday activities you enjoy!

Adverse side effects are very rare. Published studies have proven and our clinical experience has confirmed increased accuracy and decreased

pain using our method of injections performed under an advanced live motion x-ray unit (Fluoroscopy) with dye. For best results, we recommend combining viscosupplementation injections with a specifically designed physical therapy program provided by a licensed Physical Therapist.



RELIEVE YOUR KNEE PAIN WITHOUT AN OPERATION

In a matter of weeks, your knee pain may be reduced and possibly eliminated without a lifetime dependency on oral medications.*



**Results may vary among patients due to individual health conditions.*

WHY CHOOSE SPRINGCREEK MEDICAL?

SpringCreek Medical Center is Cache Valley's only multi-disciplinary clinic specializing in pain management. Our team of experts includes a medical doctor, a chiropractor, a physical therapist, and licensed massage therapists—all working together under one roof for your health and quality of life. At SpringCreek Medical, we know

how debilitating pain can be. We are committed to helping you find answers and relief through our combined experience of traditional and alternative medicine.

Our spacious new facility provides a warm and comfortable hub where questions are raised, experts collaborate, and solutions are found.

Springcreek Medical center is one of the few clinics in Northern Utah that has a knee surgery prevention program that combines viscosupplementation under an advanced live-motion x-ray unit with dye and physical rehabilitation. Our program has brought relief to hundreds of knee pain sufferers searching for an effective, less invasive and less painful alternative to knee replacement surgery.

